

## **Questions & Answers**

Halachic Responsa,  
Expressing the Views of our Sages

Prepared with the help of the  
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**First edition**

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Published by **Bene Aharon**  
**The Aharon HaCohen Institute**  
For the Publication and Dissemination of Torah  
Teachings and Support for Torah Scholars

Available from:  
30 Givat Shaul St., Jerusalem. Tel: 972 2 6518122  
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**Printed in Israel – 2010**





## **Prayer for Good Health**

### **Question:**

Why do we pray to HaShem for good health when everything is actually predetermined and there is no way to change the Heavenly decree, even if a sick person would visit the best doctors in the world?

### **Answer:**

The *Pele Yoetz* addresses this dilemma and writes that there are three different categories of Heavenly decrees.

- Some people have strong merits and good deeds that can protect them from dying even if they are very sick, and they will recover without any medicine.
- Sometimes there is a Heavenly decree that a person should die no matter what medicines he takes.
- Some people, because of their sins, are placed under the natural causes of the world. Therefore, if they follow the doctor's instructions they will remain alive.

A person must always consider that he actually belongs to the third category. He must make both spiritual and physical efforts – he should pray and repent, and also take conventional medicine. (*Pele Yoetz Refua*)